

# Pre-Wedding Beauty Timeline

COUNTDOWN TO LOOKING YOUR BEST

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## 6 MONTHS BEFORE

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- Start skincare routine
- Begin teeth whitening
- Schedule haircut + color trial
- Begin facial appointments (monthly)

## 3 MONTHS BEFORE

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- Hair color refresh
- Trial makeup + hair appointment
- Eyebrow shaping pattern
- Start lash growth serum (if doing extensions)

## 1 MONTH BEFORE

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- Final hair cut + color
- Last facial (no big extractions close to date)
- Spray tan trial (if doing one)
- Mani/pedi trial color

## 1 WEEK BEFORE

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- Eyebrows shaped
- Body treatments
- Pedicure (lasts longer)
- Light exfoliation only

## DAY BEFORE / OF

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- Spray tan (24-48h before)
- Manicure
- Get plenty of sleep
- Hydrate, hydrate, hydrate